

Event Schedule

Friday May 3rd

10:00am	100m SB Dec	100m JB Oct
10:20am	100mH - 8B Pentathlon	
	100mH - Senior Girls Hep	
	80mH - Junior Girls Hep	
10:45am	80mH - Gr8 Girls Pent	
10:45am	Long Jump SB Dec	Long Jump JB Oct
11:00am	High Jump SrG Hep	
11:15am	High Jump JG Hep	
11:30am	Long Jump Gr8B Pent	
12:30pm	Shot Put SB Dec	Shot Put JB Oct
1:00pm	High Jump 8G Pent	
1:30pm	Shot Put 8B Pent	
2:30pm	Shot Put SG Hep	
2:00pm	High Jump SB Dec	Shot Put JG Hep
2:30pm	Long Jump Gr8G Pent	400m JB Oct
3:00pm	High Jump Gr8B Pent	
4:00pm	200m SG Hep	200m JG Hep
4:30pm	Shot Put 8G Pent	
5:00pm	400m SB Dec	
5:30pm	1000m Gr8B Pent	
6:00pm	800m Gr8G Pent	

Saturday, June 4, 2022

9:30am	Long Jump JG Hep	
	110H SB Dec	100mH JB Oct
10:30am	Long Jump SG Hep	Discus SB Dec
11:00am		High Jump JB Oct
12noon	Javelin JG Hep	
12:30pm	Pole Vault SB Dec	Javelin SG Hep
2:00pm	Javelin JB Oct	
2:30pm	800m JG Hep	
3:00pm	800m SG Hep	Javelin SB Dec
4:30pm	1500m SB Dec	1000m JB Oct

Exhibition Athletes: No exhibition athletes will be allowed to participate.

Junior Athletes: Junior athletes cannot compete in the senior division unless they are competing as seniors in their zone championship & the BC High